Different \citet variants:

Goossens et al. (1997)

Goossens et al. (1997, chap. 2)

Goossens et al. (see 1997, chap. 2)

pre-note only: Goossens et al. (see 1997)

References

Goossens, M., S. Rahtz, and F. Mittelbach (1997). *The LATEX Graphics Companion: Illustrating Documents with TEX and PostScript*. Tools and Techniques for Computer Typesetting. Reading, MA, USA: Addison-Wesley Longman.